

Radiant Creative Journal Page

You can print out this page, use 1 copy for each day, and fill in the chakra below

♦ Chakra:

Observations:

What is possible for you when this chakra is activated and clear?

How does the energy of this chakra - with the support of the Earth energy affect what you're creating?

Were there any images, colors, or symbols that came up?

(Feel free to add them here or on a larger piece of art)

Create an affirmation that can support this chakra...

(You can always reach out to hellolove@staceymaney.com with any questions)